Incorporating sex and gender in research

Where should I start?

1. Use the terms sex and gender appropriately¹

2. Use standardised tools for collecting sex and gender data², where possible

3. Disaggregate your results by sex and/or gender, either in main results or supplementary tables, and conduct a sex/gender-based analysis where appropriate³

4. Discuss how sex and gender potentially influences your results and implications, including any potential blindness or exclusion in your research


This is just a starting point, we encourage you to review all the resources at www.sexandgenderhealthpolicy.org.au/conducting-research